

# ASHLAND CITY SCHOOLS—HIGH SCHOOL LUNCH MENU 2018/2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Cheeseburger</b> Choice of: Oven Baked Fries OR Fruit of the Day	<b>2 For Tuesday</b> <b>2 Hot Dogs</b> Choice of: Vegetarian Baked Beans OR Fruit of the Day	<b>Pizza Day</b> Choice of: Steamed Sweet Carrots OR Fruit of the Day	<b>Breakfast Wrap</b> (fluffy scrambled eggs, oven baked potatoes, sausage, cheese, and salsa in a warm soft tortilla) 100 % Fruit Juice	<b>General Tso's Chicken</b> Choice of: Steamed Green Beans OR Fruit of the Day
<b>Chicken Patty Sandwich</b> Choice of: Mashed Potatoes n Gravy OR Fruit of the Day	<b>2 For Tuesday</b> <b>2 Chicken Tacos</b> Choice of: Mexican Rice OR Fruit of the Day	<b>Pasta Bar</b> Fresh Tossed Salad Dinner Roll Fruit of the Day	<b>Pancakes and Sausage</b> Choice of: Baked Tater Tots OR Fruit of the Day	<b>Salisbury Steak Sandwich</b> Choice of: Steamed Corn OR Fruit of the Day
<b>Pizza Day</b> Choice of: Fresh Tossed Salad OR Fruit of the Day	<b>2 For Tuesday</b> <b>2 Egg n Cheese Sliders</b> Choice of: Baked Tater Tots OR Fruit of the Day	<b>Foot Long Hot Dog</b> Choice of: Vegetarian Baked Beans OR Fruit of the Day	<b>Chicken Nuggets</b> Choice of: Mashed Potatoes n Gravy OR Fruit of the Day	<b>Grilled Cheese with Tomato Soup</b> Choice of: Steamed Green Beans OR Fruit of the Day
<b>Sloppy Nachos n Cheese</b> Choice of: Steamed Corn OR Fruit of the Day	<b>2 For Tuesday</b> <b>2 Beef Tacos</b> Choice of: Mexican Rice OR Fruit of the Day	<b>French Toast with Sausage</b> Choice of: Baked Hash Browns OR Fruit of the Day	<b>Chicken Patty Sandwich</b> Choice of: Steamed Carrots OR Fruit of the Day	<b>Sweet n Sour Chicken over Rice</b> Choice of: Steamed Cauliflower OR Fruit of the Day
<b>Popcorn Chicken</b> Choice of: Mashed Potatoes n Gravy OR Fruit of the Day	<b>2 For Tuesday</b> <b>2 Breaded Chicken Wraps</b> Choice of: Broccoli n Cheese OR Fruit of the Day	<b>Pizza Day</b> Choice of: Fresh Tossed Salad OR Fruit of the Day	<b>Pasta Bar</b> Fresh Tossed Salad Dinner Roll Fruit of the Day	<b>Chicken Nuggets</b> Choice of: Macaroni n Cheese OR Fruit of the Day

**Student Breakfast:** \$1.25  
**Reduced Breakfast:** \$.30  
**Adult Breakfast:** \$1.25

**Student Lunch:** \$3.00  
**Reduced Lunch:** \$.40  
**Adult Lunch:** \$3.25  
**Extra Milk:** \$.50

## Breakfast Menu:

**Monday:** Muffin Choice  
**Tuesday:** Sausage Breakfast Pizza  
**Wednesday:** Egg n Cheese Sandwich  
**Thursday:** Pancake Wrap on a Stick  
**Friday:** Egg n Bacon Pizza

- Parents are encouraged to prepay for student school meals using Pay Schools Central on the Food Service Department webpage.
- Menu is subject to change without notice due to vendor availability and school closings.
- Days colored with an orange block will be cook's choice.
- Alternative Entrée Choice's consist of Sandwich Wraps and Fresh Chef Salads.

**What's for lunch today?**  
**Follow the color coded calendar to our 5 week cycle menu**

AUGUST 2018

M	T	W	T	F
	1	2	3	
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

SEPTEMBER 2018

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

OCTOBER 2018

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

NOVEMBER 2018

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

DECEMBER 2018

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

JANUARY 2019

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

FEBRUARY 2019

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	

MARCH 2019

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

APRIL 2019

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

MAY 2019

M	T	W	T	F
			1	2
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31