



ASHLAND CITY SCHOOLS—MIDDLE SCHOOL LUNCH MENU 2016/2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternative Lunch Options: WG Pizza , Chef Salads, Sandwich Wraps, Daily Grab n Go Selection				
WG Corn Dog BBQ Baked Beans Nacho Cheese Doritos Fruit of the Day	2 FOR TUESDAY 2 Chicken Tacos Steamed Broccoli Fruit of the Day	Chicken Patty Sandwich Steamed Green Beans Fruit of the Day	Brunch For Lunch WG Pancakes Baked Sweet Potato Tots Sausage Patty 100% Fruit Juice	WG Chicken Nuggets Steamed Corn Fruit of the Day
Alternative Lunch Options: WG Pizza , Chef Salads, Sandwich Wraps, Daily Grab n Go Selection				
Pizza Day Tossed Salad Fresh Carrot Pack Fruit of the Day	2 FOR TUESDAY 2 Hot Dogs BBQ Baked Beans Fruit of the Day	Savory Salisbury Steak Sandwich Steamed Broccoli Fruit of the Day	Chicken Bowl (popcorn chicken, mashed potatoes, corn, gravy and cheese) WG Roll 100% Fruit Juice	Cheeseburger on WG Bun Baked Sweet Potato Fries Fruit of the Day
Alternative Lunch Options: WG Pizza , Chef Salads, Sandwich Wraps, Daily Grab n Go Selection				
WG Chicken Nuggets Steamed Corn Fruit of the Day	2 FOR TUESDAY 2 Egg and Cheese Sliders Baked Hash Browns 100% Fruit Juice	Pasta Bar (Pasta, choice of sauce) Tossed Salad Fresh Carrot Pack WG Dinner Roll Fruit of the Day	Foot long Hot Dog BBQ Baked Beans Fruit of the Day	WG Bosco Sticks with Marinara Sauce Steamed Broccoli Fruit of the Day
Alternative Lunch Options: WG Pizza , Chef Salads, Sandwich Wraps, Daily Grab n Go Selection				
Cheeseburger on WG Bun BBQ Baked Beans Fruit of the Day	2 FOR TUESDAY 2 Chicken Fajita Wraps Steamed Broccoli Fruit of the Day	Chicken Bowl (popcorn chicken, mashed potatoes, corn, gravy and cheese) WG Roll 100% Fruit Juice	Grilled Cheese Sandwich Creamy Tomato Soup Fruit of the Day	Pizza Day Steamed Green Beans Fruit of the Day
Alternative Lunch Options: WG Pizza , Chef Salads, Sandwich Wraps, Daily Grab n Go Selection				
WG Chicken Nuggets Mashed Potatoes/Gravy Fruit of the Day	2 FOR TUESDAY 2 Hot Dogs BBQ Baked Beans Fresh Veggies Fruit of the Day	Chicken Patty Sandwich Baked Sweet Potato Fries Fruit of the Day	Brunch For Lunch WG French Toast Sticks Sweet Potato Tots Sausage Patty 100% Fruit Juice	Beef Taco Meat with Tostito Scoops Shredded Lettuce/Cheese Steamed Broccoli Fruit of the Day

Student Breakfast: \$1.25
 Reduced Breakfast: \$.30
 Student Lunch: \$3.00
 Reduced Lunch: \$.40
 Adult Lunch: \$3.25
 Extra Milk: \$.50

Breakfast Menu:
 Monday: Mini Choc Chip French Toast
 Tuesday: Egg and Cheese WG Biscuit
 Wednesday: WG Pancake on a Stick
 Thursday: Sausage and Cheese WG Biscuit
 Friday: Egg and Bacon Breakfast Pizza

- Parents are encouraged to prepay for student's school meals using My Payments Plus available on the school's website (www.ashlandcityschools.org), by check or cash.
- Free and Reduced-price applications are available at the school office or online at www.ashlandcityschools.org.
- A choice of low fat white and flavored milk is included with each school meal.
- Menu is subject to change without notice.

What's for lunch today?
 Follow the color coded calendar to our 5 week cycle menu

USDA is an equal opportunity provider and employer.

JANUARY 2017					FEBRUARY 2017					MARCH 2017					APRIL 2017					MAY 2017					JUNE 2017				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
2	3	4	5	6			1	2	3			1	2	3	3	4	5	6	7	1	2	3	4	5					
9	10	11	12	13	6	7	8	9	10	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12					
16	17	18	19	20	13	14	15	16	17	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19					
23	24	25	26	27	20	21	22	23	24	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26					
30	31				27	28				27	28	29	30	31						29	30	31							



www.ashlandcityschools.org